



# Prepare Yourself



# for H1N1



**Your union** is urging you to **take precautions** against the possibility of contracting H1N1 influenza in the workplace by any route of exposure.

There is strong evidence to suggest that airborne (inhalation) transmission is one of the potential routes of transmission.

See [www.nursesunions.ca](http://www.nursesunions.ca) for the evidence.

